

# DECEMBER 2013

## MONDAY

7:45-8:45	\$ Fit Mix <i>(Ends 12/16)</i>	Dance
8-9	\$ Physical Training <i>(Ends 12/11)</i>	EC
8-11	\$ Instructor Assisted Workshop <i>(Ends 12/16)</i>	Art
9-10	\$ Zumba Gold <i>(Ends 12/16)</i>	Dance
9:30-10:30	\$ Chair Exercise <i>(Ends 12/11)</i>	EC
10-11	\$ Computer Basics <i>(Ends 12/16)</i>	CC
10-11:15	\$ Iyengar Yoga <i>(Ends 12/16)</i>	1
10-12	French Cafe <i>(No class 12/16, 12/23)</i>	4
10-12	French - Intermediate	5
11-12	Hula	Dance
11-12:30	^ Functional Fitness <i>(Ends 12/9)</i>	2
11:15-12:15	\$ Computer Skills <i>(Ends 12/16)</i>	CC
12:30-3:30	Mah Jongg	3
1-2:30	\$ Spanish- Int <i>(Ends 12/16)</i>	5
1-3	Ukulele	EC
2:30-3:30	\$ FallProof <i>(Ends 12/13)</i>	1
3-4:30	\$ Spanish- Basic <i>(Ends 12/16)</i>	5
5-6:30pm	\$ Yoga Blend <i>(Ends 12/16)</i>	Dance
5-7pm	Current Events Discussion	Library
6:30-8:30pm	Discovering Literature in Spanish <i>(12/9 only)</i>	1A

### HOLIDAY HOURS

#### OASIS SENIOR CENTER

*Including offices, classrooms, and transportation*

Tuesday, December 24 open 8am-noon

Wednesday, December 25 Closed

Thursday, December 26 Closed

Friday, December 27 Closed

Saturday & Sunday Closed

Monday, December 30 Closed

Tuesday, December 31 Closed

Wednesday, January 1 Closed

#### FITNESS CENTER HOURS

Tuesday, December 24 open 7am-noon

Wednesday, December 25 Closed

Thursday, December 26 Open 7am-5pm

Friday, December 27 Open 7am-5pm

Saturday & Sunday Open 8am-4pm

Monday, December 30 Open 7am-5pm

Tuesday, December 31 Open 7am-noon

Wednesday, January 1 Closed

## TUESDAY

7:30-8:30	\$ Pilates - Int. <i>(Ends 12/17)</i>	Dance
8-9	\$ Strength Training <i>(Ends 12/19)</i>	EC
8:45-9:45	\$ Pilates - Beginning <i>(Ends 12/17)</i>	Dance
9-11	Blood Pressure <i>(12/3 &amp; 12/17 only)</i>	Library
9:30-10:30	Longevity Stick	GH
9:30-11:30	\$ Bead Stringing & Re-Stringing <i>(Ends 12/17)</i>	4
9:30-11:30	\$ Chinese Brush Painting <i>(Ends 12/3)</i>	Art
10-11:30	Ukulele Workout	EC-A
10-2	Duplicate Bridge	2
10-2	Party Bridge	1
10-11:30	\$ Google 101 <i>(12/3 only)</i>	CC
12:30-2	\$ Shutterfly- Level 2 <i>(12/10 only)</i>	CC
11:30-12:30	\$ Ballet <i>(Ends 12/17)</i>	Dance
12:30-2:30	\$ Beading <i>(Ends 12/17)</i>	4
12:40-1:40	\$ Jazz Dancing - Beg <i>(Ends 12/17)</i>	Dance
1-4	Shanghai	Library
2-5	Ping Pong	EC
2:30-6pm	\$ ACBL Duplicate Bridge	2
2:30-3:30	\$ Learn to MELT <i>(Ends 12/17)</i>	Dance
3:30-4:30	\$ MELT Method <i>(Ends 12/17)</i>	Dance
4-7pm	\$ World Cinema <i>(Ends 12/17)</i>	EC-C
5:30-6:30pm	\$ Zumba Gold <i>(Ends 12/10)</i>	Dance

### IMPORTANT PHONE NUMBERS

Administration: (949) 644-3244

Friends of OASIS: (949) 718-1800

Fitness Center: (949) 718-1818

OASIS Travel: (949) 718-1810

Meals: (949) 718-1820

## WEDNESDAY

8-9	\$ Physical Training <i>(Ends 12/11)</i>	EC
9-10	\$ Zumba Gold <i>(Ends 12/18)</i>	Dance
9-11	\$ Freehand Drawing <i>(Ends 12/18)</i>	2A
9-12	\$ Int. Watercolor <i>(Ends 12/11)</i>	4
9:15-11	Book Discussion Group <i>(12/11 only)</i>	NBCL
9:30-10:30	\$ Chair Exercise <i>(Ends 12/11)</i>	EC
10-11:30	Alzheimer's Caregiver Support <i>(12/4 only)</i>	5
10-12	Informal Book Group <i>(12/4 only)</i>	1A
10-12	\$ Adv. Studies in French Lit. <i>(Ends 12/18)</i>	2B
12-2	Knitting & Needlework	3
<b>1-2</b>	<b>UCI Lecture <i>(12/11 only)</i></b> <b><i>Your Medications, Your Health</i></b>	<b>1</b>
1-3	Writing Roundtable Group	5
1-4	\$ Adv. Watercolor <i>(Ends 12/11)</i>	Art
1:30-3:30	Sailing Club Mtg. <i>(12/18 only)</i>	1
2-3:15	\$ Yoga Blend - Gentle <i>(Ends 12/18)</i>	Dance
3-5	Grandparents Support <i>(12/11 only)</i>	2B
3:30-5	Women's Wisdom <i>(Ends 12/4)</i>	3
3:30-5	\$ Yoga Blend <i>(Ends 12/18)</i>	Dance
<b>4-5:30</b>	<b>\$ Holiday Show</b> <b><i>(12/18 only) (\$5 ticket required)</i></b>	<b>EC</b>
5:30-6:30pm	\$ Pilates - Beginning <i>(Ends 12/18)</i>	Dance
7-8pm	Let's Go Trippin' <i>(12/11 only)</i>	EC

## THURSDAY

7:45-8:45	\$ Fit Mix <i>(Ends 12/19)</i>	Dance
8-9	\$ Strength Training <i>(Ends 12/19)</i>	EC
8-11:30	Wood Carving Workshop	Art
9-10	\$ Zumba Gold <i>(Ends 12/19)</i>	Dance
9:30-10:30	\$ Tai Chi <i>(Ends 12/5)</i>	EC
9:45-10:45	\$ Intro to Facebook <i>(12/5 &amp; 12/12 only)</i>	CC
10-11:15	\$ Iyengar Yoga <i>(Ends 12/19)</i>	1
10-12	\$ Adv. French Reading <i>(Ends 12/19)</i>	2A
10-12	German	4
10:30-11:30	\$ Pilates - Beg./Int. <i>(Ends 12/19)</i>	Dance
11-12	\$ eBay 2 <i>(12/5 &amp; 12/12 only)</i>	CC
1-3	OASIS Sing Along	EC-A
2-5	Ping Pong	EC-C
3-5	Financial Forum <i>(12/5 only)</i>	4
5-6	\$ Zumba Gold <i>(Ends 12/19)</i>	Dance
<b>5-8pm</b>	<b>\$ Bunco <i>(12/12 only)</i></b>	<b>2</b>
6:30-8:15pm	Int'l Spanish Book Club <i>(12/5 only)</i>	5
7-9pm	Parkinson's Resource Org <i>(12/12 only)</i>	4

### ROOM KEY

Admin	Administration Office
Art	Art Center
CC	Computer Center
Dance	Dance Room
EC	Evelyn Hart Event Center
NBCL	Newport Beach Central Library (1000 Avocado Ave)
PL	Parking lot @ 5th & Marguerite

## FRIDAY

8-9	\$ Physical Training <i>(No class 12/6, ends 12/11)</i>	EC
9-10	\$ Zumba Gold-Toning <i>(Ends 12/20)</i>	Dance
9-4	Open Art Workshop	Art
<b>10:00</b>	<b>\$ Membership Monthly</b> <b>Get Together <i>(12/6 only)</i></b>	<b>EC</b>
10:00	\$ French Party <i>(12/13 only)</i>	1
10-2	Duplicate Bridge	2
10:15-11	\$ Barre Stretch & Strength <i>(Ends 12/13)</i>	Dance
10:30-12	Parkinson's Support Group <i>(12/13 only)</i>	4
11:15-12	\$ Chair Zumba <i>(Ends 12/13)</i>	1A
12:30-3	Texas Hold-em <i>(12/6 &amp; 12/20 only)</i>	1B
12:30-3:30	Mah Jongg	3
1-2	Mind Fitness Fun	4
1-3	Sing & Pick Hootenanny Group	5
<b>1-2:30</b>	<b>Big Band Seminar</b> <b><i>(12/13 only)</i></b>	<b>EC</b>
2-3:30	\$ Yoga Blend - Gentle <i>(Ends 12/20)</i>	Dance
2-4	Mexican Train	Library
2:30-3:30	\$ FallProof <i>(Ends 12/13)</i>	1A

### SATURDAY ACTIVITIES

Pancake Breakfast- (12/7)

9-11am, Event Center

Garden Club Meeting - (12/7 only)

9-11am, Room 4

\$ Dance Workshop *(Ends 12/21)*

11-12:30pm, Dance

### SUNDAY ACTIVITIES

Duplicate Bridge

12-3:45pm, Room 2